

DECLARATION BY THE SCHOLAR

I, D. TILAK EMMANUEL VIJAY SINGH, part time scholar of Doctor of Philosophy, in the Department of Physical Education, hereby declare that the dissertation entitled “**EFFECT OF FLOOR AEROBICS AND STEP AEROBIC EXERCISES ON SELECTED BIO MOTOR, BIOCHEMICAL AND HEMATOLOGICAL VARIABLES AMONG TAMIL NADU STATE VOLLEYBALL PLAYERS**” submitted to Tamil Nadu Physical Education and Sports University for the award of Doctor of Philosophy in Physical Education is my work and it has not previously formed the basis for the award of any degree, diploma associateship, fellowship or any other similar titles to any candidate of any University.

Station: Chennai

Date: 02/07/2010



(D. TILAK EMMANUEL VIJAY SINGH)